

# Tips & Tricks for the Perfect Glow

## Before | The Perfect Prep

- **Do a test patch 24–28 hours in advance.** On some rare occasions, some people may be sensitive to DHA (the active tanning ingredient in self-tanners) or other ingredients in the product.
- **Wax 24 hours / shave 12 hours in advance,** as it is not advised to apply self-tanner to red or irritated skin.
- **Exfoliate before you tan.** Use Beautisol's *Exscrub Me?* face exfoliant for optimal results. Removing dead skin cells helps prevent blotching and uneven coloration.
- **Apply a small amount of face lotion** to bleached or blond eyebrows and hairline to prevent discoloration.
- **Wash your fingertips after application.** This will prevent your fingertips from tanning or coloring.
- **Tan at night.** Wait approximately 30 minutes before going to sleep to help ensure the product has absorbed into your skin.
- **Use a Q-Tip to remove excess product** from eyebrows and dark spots. This is an easy way to prevent discoloration of eyebrows or to prevent dark spots on your face from getting darker.

## After | Maintain Your Glow

- **Do not shower, bathe, swim or sweat** for at least 6–8 hours after you apply the product. The longer you leave the product on your face, the darker the tan color tends to be.
- **Rinse face in the morning** with water, after the tan color has developed, to remove any guide color.
- **Pat your skin dry after cleansing or rinsing.** Do not vigorously dry your skin with a towel, as it can make your tan wear off prematurely.
- **Gently exfoliate about 3 days after you have tanned.** Exfoliating away dead skin cells with *Exscrub Me?* will help the tan fade more evenly. Feel free to reapply *Need I Glow More?* to your face as needed.
- **Wear *Need I Glow More?* as your foundation!** Skip your foundation in the morning and show your beautiful tan to the world. Decrease your cosmetic spending and say goodbye to cakey foundation forever!