

Tips & Tricks for the Perfect Glow

Before | The Perfect Prep

- **Do a test patch 24–48 hrs in advance.** In rare occasions, some people may be sensitive to DHA (a sugar derivative) or other ingredients in the product.
- **Wax 24 hrs in advance / Shave 12 hrs in advance.** It is not advised to apply self-tanner to red or irritated skin.
- **Avoid deodorant, perfume, or essential oils during application.** These products can interfere with self-tanner and affect your tan.
- **Exfoliate before you tan.** Removing dead skin cells with Beautisol's Deep Exfoliation Hammam Mitt will help prevent splotching and uneven coloration.
- **If needed, apply a light body lotion to dry areas such as knees, elbows and heels** to prevent the self-tanner from saturating these areas.
- **Use the Easy Application Mitt** to avoid colored palms. Squeeze or pump the self-tanning product directly to the foam side of the mitt and blend evenly into your skin with big, circular motions.
- **We suggest tanning at night.** It is less interruptive and will not affect your clothing choices or daily routine.

After | Maintain Your Glow

- **Avoid wearing tight jeans, socks, leggings, light-colored suede, silk or any other dry-clean-only fabrics while your tan is developing.** If you tan in the morning, dark loose-fitting clothing is recommended.
- **Do not shower, bathe, swim, or sweat** at least 6-8 hours after you apply the product. The longer you allow the product to develop, the darker the tan tends to be.
- **Exfoliate about 3 days after you've tanned.** Exfoliating away dead skin cells will help the tan fade evenly. Feel free to re-apply the self-tanner as needed.
- **Pat dry** after you shower to help avoid your tan color coming off prematurely.
- When you shower the following day after application, it is not unusual to see some guide color come off—not to worry... your tan color will have developed on your skin!